



April 2026 Highlights

Open Monday-Thursday, 10:00 AM-3:00 PM
For a complete list of programs and updated information,
please visit www.godfreymillercenter.org

For programs with * please RSVP to: 540-667-5869 or anna@godfreymillercenter.org**

Lunch - Wednesdays, April 1, 8, 15, 22, & 29, 12:30 PM *RSVP (Tickets: \$10)**

- April 1: Meatloaf, Roasted Potatoes, Green Beans, & Dessert
- April 8: Chicken Enchilada Casserole, Rice, Black Beans, & Dessert
- April 15: Roasted Red Pepper, Chicken & Mozzarella Sub, Italian Cucumber & Tomato Salad, & Dessert
- April 22: Beef Tacos, Rice, Refried Beans, & Dessert
- April 29: Loaded Baked Potatoes, Cheesy Broccoli, Bread, & Dessert

Lunch - Thursdays, April 2, 9, 16, 23, & 30, 12:30 PM *RSVP (Tickets: \$10)**

- April 2: Chicken Salad Sandwich, Macaroni Salad, Chips, & Dessert
- April 9: BBQ Pork Sandwich, Mac & Cheese, Broccoli, & Dessert
- April 16: Sloppy Joe, Potato Salad, Chips, & Dessert
- April 23: Chicken Pot Pie, Three Bean Salad, & Dessert
- April 30: Egg Casserole, Pancakes, Sausage Links, & Dessert

Godfrey Miller Center will be closed on Monday, April 6 for Easter Monday.

Art Class: Acrylic & Watercolor Painting - Tuesdays, April 7, 14, 21, & 28, 10:00 AM-12:00 PM *RSVP**

In this course, students will develop painting skills, techniques, and aesthetic sensibilities related to artistic expression in acrylic and/or watercolor mediums. Each week will focus on a different subject, emphasizing color and composition, and enabling students to expand and better define their unique style and technique. Taught by master artist Tracy Burke. (Suggested donation: \$15 per class)

Art Class: Drawing - Tuesdays, April 7, 14, 21, & 28, 1:00-3:00 PM *RSVP**

In this course, students will improve drawing skills through using a combination of mediums such as graphite, charcoal, pen, and ink. Students will have their choice of mediums to help define their styles. Taught by master artist Tracy Burke. (Suggested donation: \$15 per class)

New Mahjong Time - Wednesdays, April 8 & 22, 10:00 AM - 12:00 PM

In addition to our regular Thursdays of Mahjong, there will be two opportunities to play on Wednesdays in April.

Practical Tai Chi - Wednesday, April 8, 11:00 AM

Adrian's Practical Tai Chi classes are a blend of tai chi and qigong, meant to get the practitioner connected into their own body. The focus is on proper body structure and grounding, while different series of movements are performed. Attendees can expect to feel more grounded, relaxed, and rejuvenated after each class. Limited-mobility friendly! (Suggested Donation: \$3)

Workshop: 18th Century Hand Sewing - Thursdays, April 9 & 23, 10:00-11:30 AM

The Fort Loudoun Chapter of the Daughters of the American Revolution is hosting classes to learn how to sew an 18th Century jacket. The techniques are useful for modern clothing alterations and repairs. This is a drop-in course. Attendees should bring scraps of cotton or linen fabric, cotton thread, a needle, pins, and scissors to their first session, during which they will receive a full supply list and instructions. Any skill level is welcome.

Sunday Stitch-In - Sunday, April 12, 2:00 PM

The stitch-ins are for anyone who loves stitching and wants to learn the ins and outs of embroidery. All skill levels are welcome. For questions contact us at 703-946-0191 or winchesterega@gmail.com

Android Smart Phone Help Session - Monday, April 13, 10:30-11:30 AM

Join Program Coordinator Anna for help with your smart phone. Bring your device, account passwords, and any questions!

Seated Yoga - Mondays, April 13 & 27, 11:00 AM

Join yoga instructor, Debbie Coulson, for a seated chair yoga session. All are welcome - including beginners! (Suggested Donation: \$3)

Lunch - Mondays, April 13, 20, & 27, 12:30 PM *RSVP (Tickets: \$10)**

- April 13: Salisbury Steak, Creamed Corn, Rolls, & Dessert
- April 20: Baked Ziti, Broccoli, Garlic Bread, & Dessert
- April 27: Chicken & Broccoli Divan, Rice, Bread, & Dessert

Workshop: Golden Greeting Cards - Wednesday, April 15, 10:30 AM *RSVP**

Join master paper crafter Lorraine for a Golden Greeting Card Workshop as we celebrate our golden anniversary. Participants will make custom greeting cards that will be perfect for any sparkling occasion; all supplies are provided. (Suggested Donation: \$6)

Bingo - Thursday, April 16, 10:30 AM *RSVP**

Join us for a game of Bingo! There will be many useful and fun prizes available for you to win.

Guided Historic Tours - Third Thursday, April 16, 1:00-3:00 PM

Stop in for a guided tour of the historic Godfrey Miller Home. Learn about the historic home and what the Center does today!

iPhone Help Session - Monday, April 20, 10:30-11:30 AM

Join Program Coordinator Anna for help with your smart phone. Bring your device, account passwords, and any questions!

Workshop: Spring Diamond Art - Wednesday, April 22, 10:30 AM *RSVP**

Come make a unique diamond art craft! Instructions and supplies are provided. (Suggested Donation: \$5)

<p style="text-align: center;">Every Monday</p> <p>Jigsaw Puzzles – 10:00 AM Art Studio – 10:00 AM Exercise for Balance and Strength – 2:00 PM (Suggested donation: \$3.00)</p>	<p style="text-align: center;">Every Wednesday</p> <p>Exercise for Balance and Strength – 2:00 PM (Suggested donation: \$3.00)</p>
<p style="text-align: center;">Every Tuesday</p> <p>Samba/Hand & Foot – 10:00 AM Strength and Conditioning Class – 2:00 PM</p>	<p style="text-align: center;">Every Thursday</p> <p>Mahjong – 10:00 AM Strength and Conditioning Class – 2:00 PM</p>