



August 2026 Highlights

Open Monday-Thursday, 10:00 AM-3:00 PM
For a complete list of programs and updated information,
please visit www.godfreymillercenter.org

*For programs with *** please RSVP to: 540-667-5869 or anna@godfreymillercenter.org*

Seated Yoga - Mondays, August 3, 17, & 31, 11:00 AM

Join yoga instructor, Debbie Coulson, for a seated chair yoga session. All are welcome - including beginners!
(Suggested Donation: \$3)

Lunch - Mondays, August 3, 10, 17, 24, & 31, 12:30 PM *RSVP (Tickets: \$10)**

- August 3: Ham, Scalloped Potatoes, Succotash, & Dessert
- August 10: Spaghetti & Meatballs, California Vegetable Blend, Garlic Bread, & Dessert
- August 17: BBQ Chicken Legs, Baked Beans, Coleslaw, & Dessert
- August 24: Chicken Enchiladas, Black Beans, Zucchini, & Dessert
- August 31: Garlic Parmesan Chicken, Fettucine, Green Beans, & Dessert

Art Class: Acrylic & Watercolor Painting - Tuesdays, August 4, 11, 18, & 25, 10:00 AM-12:00 PM *RSVP**

In this course, students will develop painting skills, techniques, and aesthetic sensibilities related to artistic expression in acrylic and/or watercolor mediums. Each week will focus on a different subject, emphasizing color and composition, and enabling students to expand and better define their unique style and technique. Taught by master artist Tracy Burke. (Suggested donation: \$15 per class)

Art Class: Drawing - Tuesdays, August 4, 11, 18, & 25, 1:00-3:00 PM *RSVP**

In this course, students will improve drawing skills through using a combination of mediums such as graphite, charcoal, pen, and ink. Students will have their choice of mediums to help define their styles. Taught by master artist Tracy Burke. (Suggested donation: \$15 per class)

Workshop: Diamond Art - Wednesday, August 5, 10:30 AM *RSVP**

Come make a unique diamond art craft! Instructions and supplies are provided. (Suggested Donation: \$5)

Lunch - Wednesdays, August 5, 12, 19, & 26, 12:30 PM *RSVP (Tickets: \$10)**

- August 5: Bacon, Egg & Cheese Biscuits, Hashbrown Casserole, Fried Apples, & Dessert
- August 12: Club Sandwich, Deviled Eggs, Pasta Salad, & Dessert
- August 19: Corn Chowder, Grilled Turkey & Cheese, & Dessert
- August 26: Twice Baked Potatoes, Steamed Broccoli, Rolls, & Dessert

Lunch - Thursdays, August 6, 13, & 20, 12:30 PM *RSVP (Tickets: \$10)**

- August 6: Vegetable Lasagna, Green Beans, Rolls, & Dessert
- August 13: Chicken & Gravy over Mashed Potatoes, Broccoli Casserole, & Dessert
- August 20: Meatloaf, Mac & Cheese, Baby Carrots, & Dessert

Sunday Stitch-In - Sunday, August 9, 2:00 PM

The Winchester Chapter of the Embroiderers' Guild of America, in cooperation with Godfrey Miller Center (GMC), is hosting "Sunday Stitch-In." at 2:00 PM. The stitch-ins are for anyone who loves stitching and wants to learn the ins and outs of embroidery. All skill levels are welcome. For questions contact us at 703-946-0191 or winchesterega@gmail.com

Android Smart Phone Help Session - Monday, August 10, 10:30-11:30 AM

Join Program Coordinator Anna for help with your smart phone. Bring your device, account passwords, and any questions!

Midweek Mahjong - Wednesdays, August 12 & 26, 10:00 AM - 12:00 PM

In addition to our regular Thursdays of Mahjong, there will be two opportunities to play on Wednesdays. Beginners and experienced players are welcome to join!

Workshop: End of Summer Greeting Cards - Wednesday, August 19, 10:30 AM *RSVP**

Warm weather isn't gone yet, so join us for an end of summer workshop! Join master paper crafter Lorraine for a custom Greeting Card Workshop. Participants will make custom greeting cards; all supplies are provided. (Suggested Donation: \$6)

Guided Historic Tours - Third Thursday, August 20, 1:00-3:00 PM

Stop in for a guided tour of the historic Godfrey Miller Home. Learn about the historic home and what the Center does today!

iPhone Help Session - Monday, August 24, 10:30-11:30 AM

Join Program Coordinator Anna for help with your smart phone. Bring your device, account passwords, and any questions!

Golden Tea Party - Thursday, August 27, 1:00 PM *RSVP (Tickets: \$25)**

It's tea time with a touch of sparkle! Celebrate our 50th anniversary with sweet treats, good company, and plenty of golden fun.

Scottish Country Dancing - Monday, August 31, 6:30-8:30 PM

Come join us in dancing to lively Scottish music - jigs, reels, hornpipes - and the uniquely Scottish strathspey! You do not need a partner or Scottish heritage. All beginners and experienced dancers are welcome. First class is free!

Every Monday Jigsaw Puzzles – 10:00 AM Art Studio – 10:00 AM Monday Card Games – 12:00 PM Exercise for Balance and Strength – 2:00 PM (Suggested donation: \$3.00)	Every Wednesday Exercise for Balance and Strength – 2:00 PM (Suggested donation: \$3.00)
Every Tuesday Samba/Hand & Foot – 10:00 AM Strength and Conditioning Class – 2:00 PM	Every Thursday Mahjong – 10:00 AM Strength and Conditioning Class – 2:00 PM