



September 2026 Highlights

Open Monday-Thursday, 10:00 AM-3:00 PM
For a complete list of programs and updated information,
please visit www.godfreymillercenter.org

For programs with *** please RSVP to: 540-667-5869 or anna@godfreymillercenter.org

Art Class: Acrylic & Watercolor Painting - Tuesdays, September 1, 8, 15, 22, & 29, 10:00 AM-12:00 PM
*****RSVP**

In this course, students will develop painting skills, techniques, and aesthetic sensibilities related to artistic expression in acrylic and/or watercolor mediums. Each week will focus on a different subject, emphasizing color and composition, and enabling students to expand and better define their unique style and technique. Taught by master artist Tracy Burke. (Suggested donation: \$15 per class)

Art Class: Drawing - Tuesdays, September 1, 8, 15, 22, & 29, 1:00-3:00 PM *RSVP**

In this course, students will improve drawing skills through using a combination of mediums such as graphite, charcoal, pen, and ink. Students will have their choice of mediums to help define their styles. Taught by master artist Tracy Burke. (Suggested donation: \$15 per class)

Lunch - Wednesdays, September 2, 9, 16, 23, & 30, 12:30 PM *RSVP (Tickets: \$10)**

- September 2: Sloppy Joes, Peas, Tater Tots, & Dessert
- September 9: Chicken & Broccoli Divan, Rice, Rolls, & Dessert
- September 16: Stuffed Peppers, Sweet Potatoes, & Dessert
- September 23: Chicken & Waffles, Fruit, & Dessert
- September 30: Meatloaf, Smashed Potatoes, Carrots, & Dessert

Lunch - Thursdays, September 3, 10, 17, & 24, 12:30 PM *RSVP (Tickets: \$10)**

- September 3: Chicken Salad Sandwich, Potato Salad, Cucumber Salad, & Dessert
- September 10: Shepherd's Pie, Rolls, & Dessert
- September 17: BBQ Chicken Sliders with Pickles, Smashed Red Potatoes, Lima Beans, & Dessert
- September 24: Beef Stroganoff, Broccoli, & Dessert

Godfrey Miller will be closed on Monday, September 7 in observance of Labor Day.

Midweek Mahjong - Wednesdays, September 9 & 23, 10:00 AM - 12:00 PM

In addition to our regular Thursdays of Mahjong, there will be two opportunities to play on Wednesdays. Beginners and experienced players are welcome to join!

Practical Tai Chi - Wednesdays, September 9 & 23, 11:00 AM

Adrian's Practical Tai Chi classes are a blend of tai chi and qigong, meant to get the practitioner connected into their own body. Attendees can expect to feel more grounded, relaxed, and rejuvenated after each class. Limited-mobility friendly! (Suggested Donation: \$3)

Workshop: 18th Century Hand Sewing - Sunday, September 13, 2:00 PM

The Fort Loudoun Chapter of the Daughters of the American Revolution is hosting a sewing circle, with a focus on hand sewing and 18th Century clothing, perfect to wear to one of the many VA250 events. Any skill level is welcome. Attendees who want to learn to sew a petticoat, bedgown (shirt), or cap (1 yard white cotton or muslin) should bring 3 yards of cotton or linen fabric (solid color recommended), cotton thread, a needle, pins, and scissors to their first session, during which they will receive a full supply list and instructions.

Sunday Stitch-In - Sunday, September 13, 2:00 PM

The stitch-ins are for anyone who loves stitching and wants to learn the ins and outs of embroidery. All skill levels are welcome. For questions contact us at 703-946-0191 or winchesterega@gmail.com

Android Smart Phone Help Session - Monday, September 14, 10:30-11:30 AM

Join Program Coordinator Anna for help with your smart phone. Bring your device, account passwords, and any questions!

Seated Yoga - Mondays, September 14 & 28, 11:00 AM

Join yoga instructor, Debbie Coulson, for a seated chair yoga session. All are welcome - including beginners! (Suggested Donation: \$3)

Lunch - Mondays, September 14, 21, & 28, 12:30 PM *RSVP (Tickets: \$10)**

- September 14: Pita Pepperoni Pizzas, Green Beans, & Dessert
- September 21: Turkey Cranberry Sliders, Cauliflower with Cheese Sauce, & Dessert
- September 28: Fiesta Chicken, Rice, Zucchini, & Dessert

Winchester and the Role of Clergy in the American Revolution – Monday, September 14, 2:00 PM

Learn about the role of clergy during the American Revolution and explore the history of the Godfrey Miller House. Led by Rev. Jonathan Boynton. Rev. Boynton is a pastor at Grace Evangelical Lutheran Church and historian since his childhood through reenactments of the American Revolution. He has been delighting participants with his knowledge and entertaining presentations for more than 35 years.

Workshop: Hello Fall Greeting Card - Wednesday, September 16, 10:30 AM *RSVP**

Say hello to pumpkin spice, apple picking, warm sweaters and cool evenings! In this hello fall greeting card workshop, participants will make custom cards perfect for the upcoming change in season. Join master paper crafter Lorraine for a fun creative morning; all supplies provided. (Suggested Donation: \$6)

Guided Historic Tours - Third Thursday, September 17, 1:00-3:00 PM

Stop in for a guided tour of the historic Godfrey Miller Home. Learn about the historic home and what the Center does today!

iPhone Help Session - Monday, September 21, 10:30-11:30 AM

Join Program Coordinator Anna for help with your smart phone. Bring your device, account passwords, and any questions!

Scottish Country Dancing - Monday, September 21 & 28, 6:30-8:30 PM

Come join us in dancing to lively Scottish music - jigs, reels, hornpipes - and the uniquely Scottish strathspey! You do not need a partner or Scottish heritage. All beginners and experienced dancers are welcome. (Suggested Donation: \$10)

Workshop: Diamond Art - Wednesday, September 30, 10:30 AM *RSVP**

Come make a unique diamond art craft! Instructions and supplies are provided. (Suggested Donation: \$5)

Every Monday Jigsaw Puzzles – 10:00 AM Art Studio – 10:00 AM Monday Card Games – 12:00 PM Exercise for Balance and Strength – 2:00 PM (Suggested donation: \$3.00)	Every Wednesday Exercise for Balance and Strength – 2:00 PM (Suggested donation: \$3.00)
Every Tuesday Samba/Hand & Foot – 10:00 AM Strength and Conditioning Class – 2:00 PM	Every Thursday Mahjong – 10:00 AM Strength and Conditioning Class – 2:00 PM